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- 1. 1 An optical waveguide sensor comprising: a housing, the housing having an interior and exterior surface, the exterior 2 3 surface having at least two layers, the first layer comprised of a low index of refraction material and the second layer comprised of a highly reflective material; 5 a first optical fiber in communication with the housing; 6 a second optical fiber in communication with the housing; and means for detecting the change in the intensity of light when light is 7 8 passed through the housing, reflected and refracted within the housing and received by 9 the second optical fiber, the optical wave guide sensor being capable of measuring up to 10 at least 2000 με when the housing is stressed.
- 1 2. The optical waveguide sensor according to claim 1 wherein the housing 2 has first and second opposed ends, the first optical fiber in communication with the first 3 end and the second optical fiber in communication with the second end.
- 1 3. The optical waveguide sensor according to claim 1 wherein the first layer 2 is comprised of polyimide.
- 1 4. The optical waveguide sensor according to claim 1 or 3 wherein the 2 second layer is comprised of aluminum.
- 1 5. The optical waveguide sensor according to claim 1 wherein the first layer 2 is selected from the group consisting of polyimide, silicon and germanium.
- 1 6. The optical waveguide sensor according to claim 1 or 5 wherein the 2 second layer is selected from the group consisting of aluminum, silver, platinum and 3 palladium.
- 7. The optical waveguide sensor according to claim 1 wherein the sensor is insensitive to temperatures in the range of about -20 to 50° C.
- 1 8. The otpical waveguide sensor according to claim 1 wherein the optical 2 fibers are multimode.
- 1 9. The optical waveguide sensor according to claim 1 wherein the housing is 2 comprised of glass.
 - 10. The optical waveguide sensor according to claim 9 wherein the housing is

- 2 cylindrical.
- 1 11. The optical waveguide sensor according to claim 10 wherein the housing
- 2 has dimensions of 0.5mm inside diameter x 1mm outside diameter x 100mm long.
- 1 12. The optical waveguide sensor according to claim 11 wherein the optical
- 2 waveguide sensor has a gage factor of 490.